



Welcome to the 380th AIR EXPEDITIONARY WING

Brigadier General (Sel) Mike Minahan
Commander





Who We Are...

Wing Leadership



CV



Col Kip B. Turain

CC



Brig Gen (Sel) Mike Minahan

CCC



CMSgt Suzan K. Sangster

EOG



Col Greg Guillot

EMXG



Col George Lavezzi

EMSG



Col Eric Pierce

405 AEG



Col Greg Schwartz

EMDG



Col Carroll Palmore



1 year



6 mos



Mission



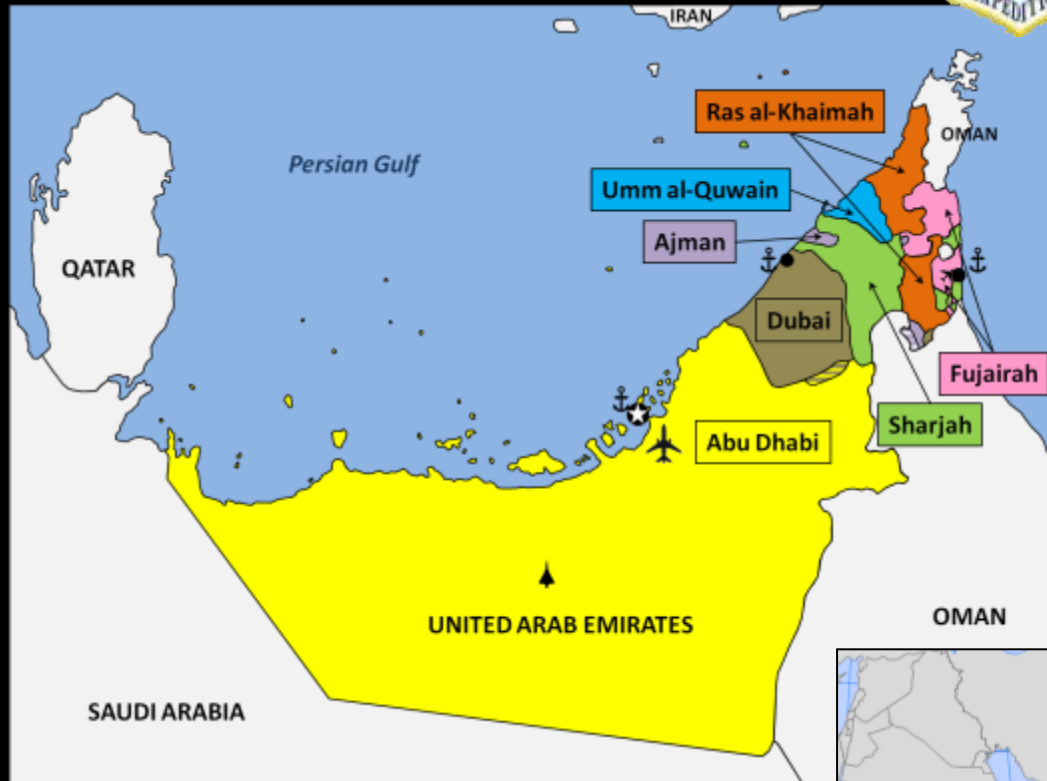
- Execute the Tasking Order – Every Day
- Manage the AEF Transition – Every Time
- Good Order and Discipline – All the Time



United Arab Emirates



- **Population: Over 4.6 Million**
 - 19% Emirati
 - 50% TCNs
 - 25% Arab/Iranian
 - 73.9% 15-64 age group
- **7 Emirates**
 - Union formed 2 Dec 1971
 - Area smaller than Maine
- **Abu Dhabi / Dubai**
 - Over 80% of wealth
 - 40% of GDP from oil/gas
 - Dubai oil reserves exhausted in 20 years
- **Military: 50K members, 4K+ in AF**
 - Military Budget: 3.1% of GDP
 - F-16B60; Apache Longbow; Mirage 2000
 - Future Capabilities: Patriot, Rafael, THAAD



380th Air Expeditionary Wing – One Team, One Fight!





Aircraft



Lockheed Martin
U-2S Dragonlady



Boeing
E-3B/C Sentry



Boeing
KC-10A Extender



Northrop Grumman
RQ-4 Global Hawk



Who we are...what we do...





Remember...



- One Team, One Fight!... Multiple Cultures
- High OPSTEMPO and always Mission Critical
 - 6 days on with 1 day off (12 hrs on/12 hrs off)
- Make a difference, make it better
- Take care of your people...they'll do the mission
- Thanks to your families!

Execute the tasking order, Every day...Win the War!

Welcome to the 380th AEW!





380th Air Expeditionary Wing



Command Chief Master Sergeant

CMSSgt Suzan K. Sangster



Our Culture



- *America's Airmen*
 - *Learn/understand/embrace standards*
 - *Positive representative*
- *Wingmen, Leaders, Warriors*
 - *Be there for one another*
 - *Counselor/Mentor/Enforcer*
- *Mission Oriented*
 - *Know your mission*



Community Standards



- *Dress/appearance*
 - *Uniforms, PT Uniform, Civilian Clothes*
- *GO-1B*
 - *Porn/Drugs/Pets/Visitation!*
- *Heritage, Honor, Valor*
 - *Taps, Reveille, Retreat*



Hot Topics



- *PT – Just Do It*
- *Dormitories*
 - *Not your mom – clean filters, no trash*
 - *Working renovations – bathrooms/hallways*
- *DFAC - CAC In*
- *OPSEC/Thumb drives*
- *Morale Network*
- *Driving Accidents – Use Spotters*



Tips



- *Learn something new*
- *Get involved*
- *Establish/continue your fitness plan*
- *Stay in touch with family/friends*



380th Air Expeditionary Wing



I will never leave an Airman behind

I will never falter

I will not fail





5 Minute Break



Vehicle Accidents



- Report any and all accidents immediately!
- Accidents downtown – stay at scene, call SFCC ASAP for linguist assistance, assist injured and remain calm
- Accidents on base – stay at scene, call SFCC immediately! If HN involved, await linguist/SFCC response before making any statements



Host Nation Considerations



- Emiratis are our allies, working and training together for security of ADAB—treat them as such!
- Comply with all instructions and any inspections at Emirati Gates
 - If HN confiscates any items, contact linguists or 380 ESFS/S3 to arrange possible return of item(s)
 - If problems arise, contact BDOC ASAP 434-2800
 - When taking a camera off base, you must process through HN security before departing and upon return!
- Emiratis drive aggressively, you shouldn't!
 - Use extreme caution in roundabouts
 - Only drive on Emirati side of base for official purposes only and remain on main roads (no sight seeing!)
- TCNs - Observe and report suspicious activity to BDOC and/or OSI (Eagle Eyes program), do not make buddies! 434-2800



Do's and Don'ts



- DO NOT take pictures on the Emirati side of base!
- DO NOT take pictures of mosques, gov't bldgs, HN personnel without permission
- DO NOT bring alcohol onto ADAB, it will be confiscated!
 - (or “found HN property”)
- DO NOT enter an Emirati facility in shorts/PT gear (base AFOC, smoothie shop, etc.)
- GPS's, laptops, cameras, cell phones with photo capabilities (Blackberries, iPhones, etc)
 - HN – understanding with us
 - Laptop letters must be completed prior to bringing them onto ADAB through HN gates
- Souvenirs like knives have been confiscated by HN

» Any Questions???





Public Affairs



- **Mission coverage**

- We are here to tell your story and to support the mission
- Photos, print stories, videos, hometown news/radio interviews
- If you have ideas, share them!
- Uniform blouses are required for pre-coordinated photo/video shoots

- **Daily Bulletin – read it!**

- Commander's Information
- Critical / good to know info updated and posted
- Events at the 380th
- Caption contest/Amateur photo day

- **Self Help**

- Still and video camera can be checked out for official purposes
- Computer for mission related graphics projects per AFI 33-117



Public Affairs



- **Photography**
 - Community Standards 1.14: be aware of OPSEC
 - No photography on flight line
 - Photo request/support – form 833 on daily bulletin
 - All photos for general public -- clear through PA
- **Photos once cleared, link on the daily bulletin, V:\Cleared**
- **Hometown News Releases**
 - Let your family know you've arrived, recognized for an award
 - Link is on bulletin

FOUO text was here

- Let your family know: www.380aew.afcent.af.mil



AL DHAFRA SEVEN SANDS CHAPEL
Between the Pool and DFAC



Seven Sands Chapel Staff



Ch, Major David Mansberger
Wing Chaplain



Ch, Capt Albert Sanchez
Catholic Chaplain



SSgt Jermarquis Johnson
NCOIC, Chapel Operations

Glorifying God
Serving Airmen
Pursuing
Excellence



SrA Floriando Maruzzo
Chaplain Assistant



Chapel Worship Schedule



Catholic Mass:

Mon-Thu	1800
Fri-Sat	1700
Sun	0930 (Chapel)

Protestant Services (Sunday):

Contemporary	1100
Gospel	1400
LDS (Mormon)	1600
Traditional (Communion wkly)	1830 (Chapel)
OPS Town/Flt Line	1650 (MXG HQ
2nd floor)	(Lord's Supper each week)

Other faiths please phone the Chapel at 434-3245



BIBLE STUDY, PRAYER GROUPS

NUMEROUS
SUBJECTS,
DAYS,
TIMES

CALL 434-3245





Marriage “Tune-Up”



Are you away from your spouse? Looking to become a better wife or husband? Look no more and have a “tune-up”! Start right away! Tuesday & Thursday from 1200 -1245 or 2000-2045 upstairs at your Chapel!! New Class starts June 24th...attend one “tune-up” or attend all and your spouse will be amazed at how well you will be “running” the next time you speak to/Skype/or see them!

Led by Chaplain Mansberger (“Padre”)

Sign up with the Chapel today – call 434-3245





Get Involved!



Your Chapel always needs:

Singers

Instrumentalists

Worship Leaders

Study Group Leaders

**Contact the Chapel at 434-3245
for rehearsal and service times**



380th Air Expeditionary Wing – One Team, One Fight!!



Chapel Movie Night

What: Movies!!

When: Friday at 1900

Where: Chapel (2nd Floor, "Haven" room)

Free Pizza or Subway!





“Islam 101”



- **One 1-hour interaction (On 2 & 9 AUG @ 1900/Chapel)**
 - **“OBT” tour of the Grand Mosque in Abu Dhabi**
- **Lunch at Emirati Armed Forces Officers’ Club (AFOC)**



Bringing Hearts Together...

Make a video reading a book for your child, sing a song or just say hello to everyone back home.

Schedule a session at the Chapel.

DVD's are provided at no cost to you.

...DVD's for Home



H AVE A GREAT DAY!
DO YOU HAVE ANY QUESTIONS?



Fire Reporting Procedures



1. Sound the Alarm – activate pull station
Smoke detectors are local alarms only
Send people to each bay to activate the pull stations
Notify the Fire Dept for all fire alarm activations!!!
2. Call **911!** From a cell dial “**025046801**” wait for dial tone then dial **911!**
3. Evacuate the building - **GET OUT and STAY OUT!** Report to your accountability point and make sure all personnel are accounted for
4. Meet / brief first arriving firefighter





Fire Prevention

- **NO Open Flames, Candles or Incense**

- Power Strips / Extension Cords
 - **Do Not Overload;**
Authorized one Converter
and 2 Power strips
 - Check Voltage Rating
 - 110 / 115 / 220 / 230



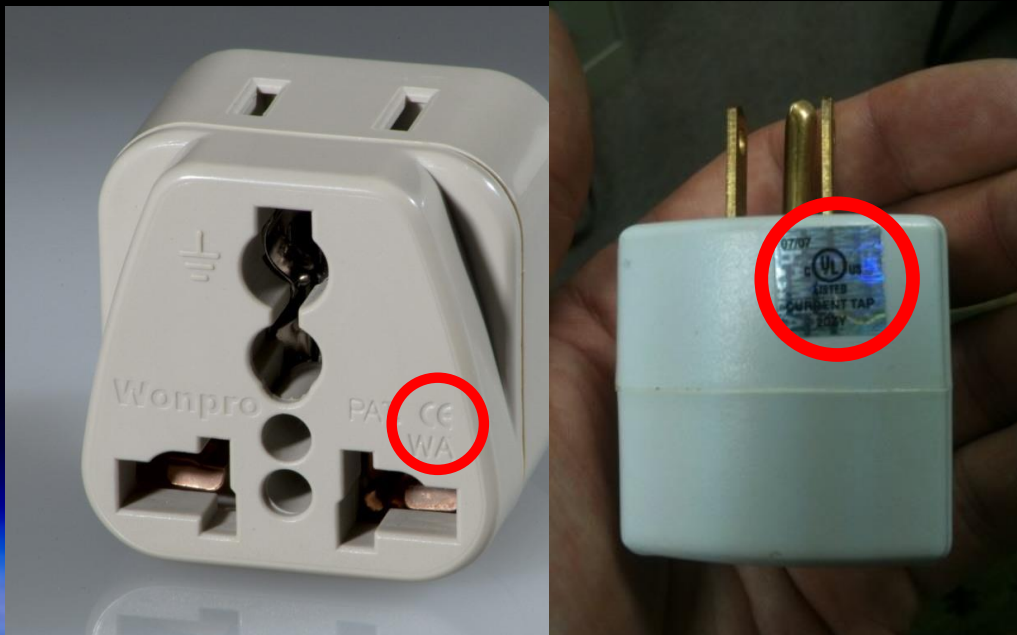


Fire Prevention



Example of approved adapters

Use CE and UL
approved adapters



Not Approved





Fire Prevention



Recommended
Adapters



Potentially Dangerous
Adapters



More heavy duty and
rated amperage



This configuration is
incorrect



This is the only
approved
configuration



This is not
approved IAW
Community
Standards.





Fire Prevention



Detectors & HVAC

- Very sensitive and easily set off by dust
- Open doors when cleaning rooms
- Keep them unobstructed to ensure proper operation
- HVAC fires are one of the top fires in the AOR.
- Clean your A/C at least once of month.





Fire Prevention Smoking Areas

- Smoking
 - Only in Approved Areas. List is in the Community Standards
 - Do not put trash in butt cans
 - Do not put butts in trash cans





Contact Numbers



- Security Forces Desk: 434-2800 / 02-504-6789
- Commercial: 02-504-6801 + DSN number
- OSI/EAGLE EYES: 434-5555

Secure your vehicles and facilities!



***Sexual Assault
Response Coordinator
(SARC)***

Capt Natosha Reed
2nd Floor of the Chapel
434-3250/7272



**WHAT HAPPENS TDY, STAYS
TDY!**

NOT!!!



Things to Know...



- Sexual Assault
- Consent
- What do you do???
- Reporting Options
- In the AOR
- Victim Advocates



What is Sexual Assault



- Sexual assault is defined by DoD as **intentional sexual contact**, characterized by **use of force, threats, intimidation, abuse of authority**, or when the victim **does not or cannot consent**.
- Sexual assault includes **rape, forcible sodomy (oral or anal sex)**, and **other unwanted sexual contact** that is aggravated, abusive, or wrongful (to include unwanted and inappropriate sexual contact), or **attempts to commit these acts**.



What to do if you or someone you know is sexually assaulted



- 1) Safety – if safety is of concern call **911**
- 2) Get help: Contact the SARC immediately
 - Call the 24-hour Sexual Assault Help Line: **434-SARC (7272)**
- 3) Seek medical attention ASAP
 - Don't eat, drink, use the restroom, change clothes, etc., prior to medical exam (Remember: your body is part of the crime scene)
 - You CAN get medical treatment and still maintain your confidential option



Reporting Options



RESTRICTED	UNRESTRICTED
Confidential (with few exceptions)	Not confidential
Available for AD military*	Available for all personnel
No investigation	OSI or Law enforcement Investigation
Chain of Command not notified	Chain of Command involvement
Forensic exam	Forensic exam
Medical services	Medical services
Counseling and Chaplain services	Counseling and Chaplain services
Victim Advocate	Victim Advocate

* Restricted reporting is available only to active duty military, Coast Guard attached to DoD, members of the AF Reserve or the ANG performing active or inactive duty training as defined in 10 USC 101(d)(3)



In the AOR



- On Base:
 - Remember that most victims know their attackers
 - Lock your room doors at all times
 - Bystander Intervention
 - Be a good Wingman
- Off Base:
 - Stay in groups
 - Remember cultural differences
 - Be a good Wingman



Victim Advocates



You Can Make a Difference!



Contact Info

Office Location:

2d Floor of the Chapel

Non-Emergency:

Office Number: **434-3250**

Emergency:

24 hour Hotline: **434-SARC (7272)**

Command Post: **434-3500**

Say No More Than **"Please transfer me to the SARC."**

SF Desk: **434-2800**

Say No More Than **"Please transfer me to the SARC."**



QUESTIONS/CONCERNS???

Capt Natosha Reed
2nd Floor of the Chapel
434-3250
434-SARC (7272)



5 Minute Break



“Right Start” Local Conditions



380th AEW Safety Office

Chief of Safety (120 days) Lt Col Kraxberger_____434-3174
Chief of Flight Safety (120 days) Maj Tollman_____434-3173
Ground Safety Manager (1 year) TSgt Aucoin “Coins”_____434-6728
Weapons Safety Manager (120 days) MSgt Schaefer_____434-3518



Don't FAIL!!



The RUNNER'S RULE BOOK



The RUNNER'S RULE BOOK





HEAT STRESS

HEAT STRESS

Wingman Required

Water Required

RED & temps increasing

(AM) (88.0-89.9 WBGT)

Yes

Yes

RED & temps decreasing

(PM) (88.0-89.9 WBGT)

No

Yes

BLACK (>90.0 WBGT)

Yes

Yes





Mishap Reporting



Not just hospital visits
On Duty Injuries
Off Duty Injuries
Vehicle Mishaps
Property Damage

#1 reason for medical evacuations out of the AOR for USAF is PT related....



380 AEW GROUND MISHAP REPORT
PRIVACY ACT OF 1974 APPLIES
Complete and return to 380 Wing Safety as soon as possible after seeking medical aid care for all on and off-duty injuries or damage to Air Force property.

1. TITLE 380 AEW Safety		2. DATE		3. NAME	
4. NAME/NAME		5. ADDRESS/PHONE		6. AOR AND HOME/DEPARTMENT	
7. AOR		8. DUTY		9. DUTY STATION, HOME STATION OF WING, AND/OR DUTY STATION ONLY	
10. CHECKED/RECEIVED BY (NAME OF REPORTER) SIGNATURE IS REQUIRED. If written on reverse (if necessary)					
11. NATURE OF MISHAP YEAR MONTH DAY TIME OF DAY LOCATION					
12. DESCRIPTION OF MISHAP/INJURY 13. NATURE OF INJURY 14. NATURE OF INJURY 15. NATURE OF INJURY 16. NATURE OF INJURY 17. NATURE OF INJURY 18. NATURE OF INJURY 19. NATURE OF INJURY 20. NATURE OF INJURY 21. NATURE OF INJURY 22. NATURE OF INJURY 23. NATURE OF INJURY 24. NATURE OF INJURY 25. NATURE OF INJURY 26. NATURE OF INJURY 27. NATURE OF INJURY 28. NATURE OF INJURY 29. NATURE OF INJURY 30. NATURE OF INJURY 31. NATURE OF INJURY 32. NATURE OF INJURY 33. NATURE OF INJURY 34. NATURE OF INJURY 35. NATURE OF INJURY 36. NATURE OF INJURY 37. NATURE OF INJURY 38. NATURE OF INJURY 39. NATURE OF INJURY 40. NATURE OF INJURY 41. NATURE OF INJURY 42. NATURE OF INJURY 43. NATURE OF INJURY 44. NATURE OF INJURY 45. NATURE OF INJURY 46. NATURE OF INJURY 47. NATURE OF INJURY 48. NATURE OF INJURY 49. NATURE OF INJURY 50. NATURE OF INJURY 51. NATURE OF INJURY 52. NATURE OF INJURY 53. NATURE OF INJURY 54. NATURE OF INJURY 55. NATURE OF INJURY 56. NATURE OF INJURY 57. NATURE OF INJURY 58. NATURE OF INJURY 59. NATURE OF INJURY 60. NATURE OF INJURY 61. NATURE OF INJURY 62. NATURE OF INJURY 63. NATURE OF INJURY 64. NATURE OF INJURY 65. NATURE OF INJURY 66. NATURE OF INJURY 67. NATURE OF INJURY 68. NATURE OF INJURY 69. NATURE OF INJURY 70. NATURE OF INJURY 71. NATURE OF INJURY 72. NATURE OF INJURY 73. NATURE OF INJURY 74. NATURE OF INJURY 75. NATURE OF INJURY 76. NATURE OF INJURY 77. NATURE OF INJURY 78. NATURE OF INJURY 79. NATURE OF INJURY 80. NATURE OF INJURY 81. NATURE OF INJURY 82. NATURE OF INJURY 83. NATURE OF INJURY 84. NATURE OF INJURY 85. NATURE OF INJURY 86. NATURE OF INJURY 87. NATURE OF INJURY 88. NATURE OF INJURY 89. NATURE OF INJURY 90. NATURE OF INJURY 91. NATURE OF INJURY 92. NATURE OF INJURY 93. NATURE OF INJURY 94. NATURE OF INJURY 95. NATURE OF INJURY 96. NATURE OF INJURY 97. NATURE OF INJURY 98. NATURE OF INJURY 99. NATURE OF INJURY 100. NATURE OF INJURY					

380 AEW FORM 1



Ankle Brace Program

1. Wing Safety will supply ankle braces
2. Limited stock available (less than 100)
3. Highly encouraged



A60 Aircast Ankle Support



DEPARTMENT OF THE AIR FORCE
UNITED STATES AIR FORCE'S CENTRAL COMMAND (AFCENT)
AL UDEID AIR BASE, QATAR

15 Jan 2010

MEMORANDUM FOR USAFCENT DEPLOYED PERSONNEL

FROM: USAFCENT/SE

SUBJECT: Ankle Brace Wear

1. During a review of past years ground mishaps, I noticed a trend that requires attention. Sports related injuries have consistently remained one of the top three duty limiting factors to Airmen in-garrison and while deployed. Although Airmen are encouraged to participate in recreational activities, it shouldn't come at the expense of their personal safety and detract from mission completion. The majority of these sporting injuries have occurred during basketball or volleyball play and in an effort to decrease this trend, I offer the following. Wing Safety has supplied your fitness center with a limited stock of ankle-braces, which will be available for issue until stock is depleted. Issuance is primarily for, but not limited to, personnel participating in intramural basketball and volleyball play. Although not mandatory at this time, their use is highly encouraged as studies have shown additional ankle support during these activities can be an effective means of preventing injuries.

2. I offer these ankle-braces not as a solution to sports related injuries but simply another means of limiting the occurrence of these events. Each individual can contribute to the reduction of sports related mishaps by following a few basic guidelines: proper warm-up, adequate hydration, playing within one's limit and the use of suitable footwear. Once again, take time to stay fit and enjoy available sporting activities but ensure you take measures to decrease the risk of injury to you and others. The unit, the mission and FREEDOM suffers when any of our Airmen are taken out of the fight...that's a price I'm unwilling to pay. Your continued dedication and support will help reverse this trend and ensure we are READY FOR THE FIGHT!

3. For questions regarding this policy, contact my office at DSN: 312-965-3179.

Lonny E. Beal
LONNY E. BEAL, Colonel, USAF
Director of Safety



Reflective Belt @ADAB





IPFTU Shorts





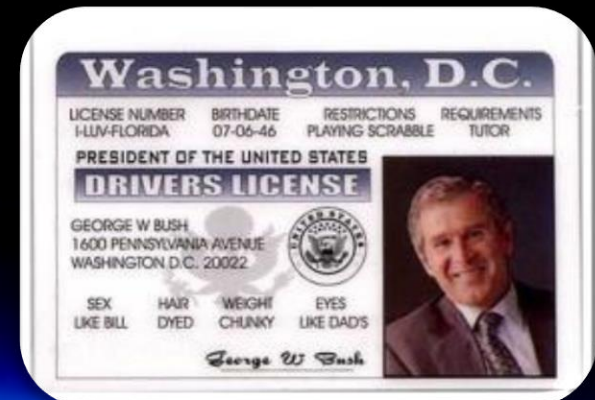
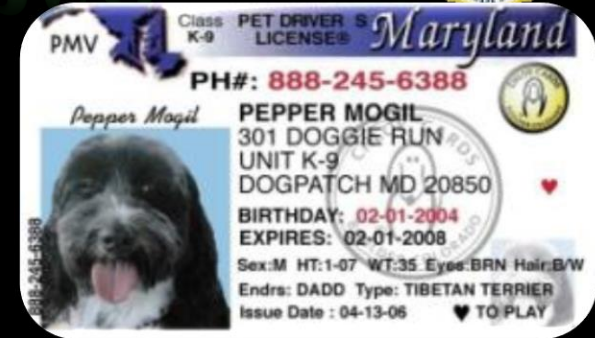
Drivers License



The UAE **DOES NOT** honor the “stateside military clause” or “expired but still current”

To drive on or off base
MUST BE/HAVE:

- 26 years old and above *Group/Sq*
- Stateside license
- Government driver's license
- Valid (IDL) with sticker





On Base Driving

33

Vehicle Related Damages

average damage every 3.6 days

AEF 1/2 - 2010







Off Base Driving



Training

- Fridays 0900/1700
- Base Theatre

UNITED STATES OF AMERICA
INTERNATIONAL DRIVER'S LICENSE
AKA DRIVER'S PERMIT
TRANSLATION BOOKLET

For Your Advantage
Driving Abroad

AUTHENTIC
INTERNATIONAL
TRANSLATION



380 AEW Safety Drivers Orientation
Name _____ Date _____
License _____

Drive Around the World

Jean Atkinson
Signature of travel authority

NO. # 63675



380 AEW OFF-BASE DRIVING CHECKLIST

Updated: 1 Jan 2010

The following information on this CHECKLIST NEEDS TO BE COMPLETED and TURNED INTO 380 WING SAFETY before you receive your certification sticker. Please print clearly.

NAME RANK	UNIT	DATE ARRIVED ON STATION
OFF BASE DRIVER'S ORIENTATION BRIEFING (Mandatory for all)	INTERNATIONAL DRIVER'S LICENSE NUMBER	STATE SIDE DRIVER'S LICENSE EXP DATE

DAYTIME FAMILIARIZATION RIDE

(Emerati Gates 1 & 3 will be entered during orientation)

CERTIFIER'S INFO (SSgt or Above) Emerati Gate of Entry, Rank, First, Last Name & Signature	DATE

NIGHT FAMILIARIZATION RIDE

(Emerati Gate 1 only)

CERTIFIER'S INFO (SSgt or Above) Rank, First, Last Name & Signature	DATE

SAFE HAVENS

(Must visit 2)

List Safe Havens Visited (Circle Two Visited)	DATE
US Embassy Zayed Military Hospital Marina Mall Al Bateen AB Officers Club (AFOC) Hilton Hotel Inter. Hotel Purple Diamond Mall Sheraton Hotel Abu Dhabi Mall/Rotana	

APPROVING AUTHORITY

(25 and under need Group CC)

COMMANDER'S SIGNATURE	DATE

Turn in to 380 AEW Safety for certification sticker to be placed on IDL.



380 EMDG



- **Building:** 1319
- **Hours:** Mon – Sat 0630 – 1800; Sun 0800 – 1200
- **Phone:** 434-2710
- **Outside phone:** After duty hours for emergency purposes
- **Ensure you:**
 - Give your medical record to Public Health (2nd flr)
 - Have enough **medications** for the duration of your deployment
 - Receive your vaccines – First Sergeants get weekly due list
 - Keep your smallpox scab to yourself – no swimming with it
 - Do not touch/play with stray animals or insects
 - Use sunscreen, insect repellent, ear/eye protection



How to Stay Healthy



- **#1... Practice good personal hygiene**
 - Wash hands before eating and touching your face
 - Hand sanitizers – good alternative to hand washing
 - Skin care: keep clean/dry, wear clean clothing
 - Foot care: shower shoes, clean socks everyday, powder
- Eat healthy and stay hydrated
 - Drink/brush teeth using only bottled water
 - Food on base: from DoD-approved sources
 - Food off base: at your own risk
 - Hint: hot foods should be HOT
- Expect some GI “adjustment”



Remote Site Health Care TGRO (TRICARE Global Remote Overseas) Program

SSgt David Libby

NCOIC, Tri-care Referral Management

380 EMDG



TRICARE Global Remote Overseas Program - TGRO



- TDY/TAD members are authorized **EMERGENCY** and/or **URGENT** medical care when determined to be outside the scope of the 380 EMDG clinic
- International SOS is the designated payer for all personnel TDY/TAD in remote areas of EUCCOM and CENTCOM
- TGRO is mandatory for Active Duty and Reservist on 365 or PCS orders



Enrollment to TGR0 (members on 365 or longer)



TRICARE OVERSEAS PROGRAM PRIME ENROLLMENT APPLICATION

SPONSOR INFORMATION

CAN BE COMPLETED BY ANY ADULT BENEFICIARY. SEE REVERSE FOR DIRECTIONS. PLEASE PRINT CLEARLY.

Overseas Area (Circle One) TRICARE Europe TRICARE Pacific TRICARE Latin America and Canada

1. Sponsor Name (last, first, middle initial)	2. Sponsor Social Security Number	3. Sex	4. City and Country	5. Date of Birth (dd/mm/yy)	6. Rank	7. Telephone Numbers
						Home:
						Duty:
8. Duty Address (Unit, Office Symbol, Station, APO/FPO)	9. DEROS/PRD (*required*)	10. Mailing Address			11. Sponsor Branch of Service (Must be Active Duty)	
					Army Air Force Navy	
					Marines USCG NOAA/PHS	
12. E-Mail Address (if available) Please Print Clearly	13. Sponsor Status (circle One)			14. Preferred Military Treatment Facility Site/ PCM (if applicable)		
Sponsor	Active Component Activated Guard/Reserve Flyer/PRP					
Spouse	Transitional Survivor Other _____					

FAMILY MEMBER INFORMATION

LIST ALL FAMILY MEMBERS WHO ARE EITHER COMMAND SPONSORED, OR RESIDED WITH THE SPONSOR IN COUNTRY AT THE TIME OF ACTIVATION, WHO ARE APPLYING FOR ENROLLMENT IN A TRICARE OVERSEAS PRIME OPTION. PLEASE PRINT CLEARLY. (Please do not list members not physically residing with you.)

15. Family Member Name (last, first, middle initial)	16. Date of Birth (dd/mm/yy)	17. Relation to Sponsor	18. Date of Arrival in Country	19. Current City & Country of Residence	20. Military Treatment Facility (if applicable)	21. PCM Selection

22. SIGNATURE: "I have read the instructions on the reverse side of this form and understand the Privacy Act Statement listed there. I further request enrollment for myself and my listed family members in the TRICARE Overseas Program Prime option."

SIGNATURE

DATE

(Rev. Jan 2007) Please return this completed application to the appropriate TRICARE Office WITH A COPY OF YOUR ORDERS (details on back)



Accessing Health Care



- 380 EMDG Primary Care Managers (PCM) will determine whether a referral to an off-base medical facility is required **(do not accept care w/o authorization)**
- TRICARE Officer will schedule all off-base initial/follow-up appointments/referrals
- **Transportation for follow-up care will be completed by the patient's squadron/unit**
- TRICARE Officer will secure the "Guarantee of Payment" from International SOS prior to all TDY/TAD patient medical appointments
- TRICARE Officer will contact all TDY/TAD patients with their scheduled appointment information via e-mail



QUESTIONS?

Service Representative

SSgt David M. Libby
NCOIC, Medical Information Systems,
TRICARE Referral Management
david.libby@adab.afcent.af.mil
DSN 318-434-2731



Legal Office

MSgt Lakisha Pegues

Law Office Superintendent

380 AEW/JA



380 AEW/JA



- **Building 1317, 2nd floor**
- **Monday-Saturday, 0800-1900 hrs, 434-3186**
- **Services: Legal Advice & Will (appt)
Notary & Power of Attorney (walk in)**
- **Self help station to file taxes**



Lost/Damaged Luggage Process



- **Complete AMC Form 134**
- **Provide to ATOC (434-3037)**
- **File Claim Online**
- **Refer to JA website for form & claims website**



***(380th Expeditionary Mission
Support Group Personnel Only)***



“Life at Al Dhafra”

Perspective from the ‘Mayor’

(380 EMSG Personnel Only)



IG LIAISON & EO LIAISON



TSgt Joseph H. Baker III
Inspector General Liaison

IG Complaints?
Call 434-3505

The Air Force has a well established complaint program, which allows you to present a complaint at any level in the Inspector General (IG) or Equal Opportunity (EO) system. We are ready to help you quickly and fairly. No one may take action against you just because you complained. If you think someone has acted against you because you complained, tell us!

AFI 90-301 describes the IG Complaint Program, how to register a complaint, and to whom you should talk. Although you may speak to an IG at any level, experience has show that those best equipped to resolve complaints are your commanders and supervisors. We encourage you to give them a chance to help.

AFI 36-2706 allows the commander to appoint an MEO liaison. The EO liaison acts as the local point of contact and serves as a liaison for the ACC/EO (the AOR serving EO office).

The IG Complaint and Equal Opportunity Program do not cover all areas of possible concern. If you are uncertain about where to seek help, we will gladly assist.



CMSgt Timothy "Hank" Herrick
Equal Opportunity Liaison

EO Complaints?
Call 434-3191



Honor Guard

Practice is Tuesday and
Thursday at 1900 in front of
Wing building.

For more information contact :
TSgt Michelle Cazares @ 434-3031 or
Capt Sherri Hrovatin @ 434-3787





You are invited to join the elite team
that honors and remembers our Air Force tradition through...



**AL DHAFRA AB HONOR GUARD
2010**



DIGNITY



HONOR



RESPECT

**Practices are held every
Tuesday & Thursday from 1900-2000
at the Wing HQ Building.**

Proudly perform Retreat Ceremonies, Color Guard details for Promotion/Awards Ceremonies, Change of Commands Color Guard details, POW Remembrance Ceremonies, Wing Parades and other details as requested.

FOR ADDITIONAL INFORMATION CONTACT

**HEAD TRAINER
SSGT JAMES
434-2261**

**NCOIC
TSgt HORTON
434-2726**

**OIC
CAPT HROVATIN
434-3737**



Desert Comptrollers Financing the Fight



Entitlements



- **Hostile Fire Pay:** \$225. per month
- **CZTE/Tax Free:** No Federal or State taxes withheld
 - One day in AOR qualifies for the full month
 - Social Security and Medicare are still collected
- **Officers:** Tax free up to the **CMSgt** of the Air Force pay plus Hostile Fire Pay currently \$ 7,368. Any pay over this amount is taxed.



Entitlements



Hardship Duty (HDP-Location):

- \$100 / month prorated at \$3.33 per day
- Payable after deployed 30 days

Meal Card Deductions:

- Are not deducted while deployed

Family Separation Allowance (FSA):

- \$250 / month prorated at \$8.33 per day
- Started by home station upon departure
- Paid lump sum from dates of travel voucher

HFP/CZTE/HDP paid within 30 - 45 days in AOR



Entitlements



Travel Accrual Voucher:

- **Verify GTC balance (call number on back of card)**
- **Pay balance personally or submit accrual**
(check orders to determine if submitting via vMPF or DTS)
- **Follow up with GTC to verify balance is paid in full**
- **Deployed Per Diem: \$3.50 per day**

Turn in orders to Finance if you haven't already!



EagleCash



- Re-loadable card linked to bank account
 - Similar concept to pre-paid gift or phone cards
- Secure chip stores/processes “electronic currency”
 - **PIN Protection** (only for loading/unloading funds)
 - **COMING SOON** PIN Protection for transactions
- Cards issued/replaced on-site at Finance
 - If lost/stolen, report to Finance immediately!
- Provides “24/7” fee-free access via 6 kiosks
 - **CAC, BX, Post Office, Finance and both DFACs**
- Can load up to \$350 per day (exceptions for SDP)



United States Savings **Deposit Program (USSDP)**



- Can contribute up to \$10K after 30 days in the AOR
- 10% annual interest (compounded quarterly)
- Deposits made by EagleCash, or allotment
- Must bring orders and copy of ID card for deposit
- Deposits made before the 10th of the month accrue interest for the month
- Interest continues to accrue 90 days after departing AOR
- Request withdrawal of money through myPay



Thrift Savings Plan (TSP)



- All TSP contributions while in CZTE area are **tax exempt** when finally withdrawn
- Hardship Duty and Hostile Fire Pay (\$325.) can be contributed. (requires updating via myPay)

www.tsp.gov

See Finance in Bldg 1312